

# EmbodiYoga



Please answer the following questions on a separate sheet of paper, and send to the address below with your deposit of \$200.00. Early registration is recommended. Upon receipt you will be contacted to schedule a phone interview.

Name, address, phone, e-mail.

Birth date and place of birth.

How long have you been studying yoga? What has yoga meant to you?

What types of yoga have you studied and how long in each form?

Do you have a regular teacher? If so, whom? May we contact them?

What other teachers have you studied with in yoga?

Do you have a background in any other movement or body/mind modalities (Pilates, Alexander Technique, Feldenkreis, dance, meditation, bodywork, etc.)?

Describe your personal practice (include length of time and frequency).

Do you currently teach yoga? If so where? How long have you been teaching?

Why do you wish to participate in this program?